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Toddler Schedule

Morning

7:00AM: Wake up/change diaper
7:30AM: Eat breakfast and listen to music
7:45AM: Free Play
8:15AM: Go for a walk
9:00AM: Reading/Singing Time
9:30AM: Snack
10:00AM: Sensory Activity
10:30AM: Read
11:15AM: Outdoor Time

Afternoon

12:30PM: Lunch
1:00PM: Nap
2:30PM: Indoor Activity
3:00PM: Snack
3:30PM: Outdoor Time
4:00PM: Art Project
4:30PM: Free Play

Evening

5:00PM: Go for a walk
5:45PM: Free Play
6:15PM: Dinner
6:45PM: Read
7:00PM: Bedtime - bath, pajamas, sing, bed